DAKOTA MEDICAL FOUNDATION

YOUR HEALTH IS OUR FOUNDATION

Children's Mental Health Resource Guide

Cass County, North Dakota

Clay County, Minnesota

The mission of the Children's Mental Health Initiative is to facilitate collaboration among providers and referral sources, deliver mental heath community education and assess, monitor and evaluate current children's mental health services in Cass County, ND and Clay County, MN.

For more information on children's mental health resources in Cass and Clay County or to receive a printed copy of this guide please contact:

Shawna Croaker
Children's Mental Health Initiative Coordinator
Cass and Clay County
3233 South University Drive
Fargo, ND 58104
Phone: 701.232.2452
E-mail: rvcmhc@sendcaa.org

The Children's Mental Health Resource Guide is also available on-line at www.dakmed.org

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We are not responsible for any changes or discrepancies in information that may have occurred with each agency represented in this guide during or after the publication of this document.
This document will be updated annually.

February 2008

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Access of the Red River Valley

403 Center Avenue, Suite 512
Moorhead, MN 56560
Phone: 218-233-3991
Fax: 218-233-2577
www.accessrrv.org

Summary of Services

The mission of Access of the Red River Valley is to provide care and to support children and adults in their right to lead dignified, independent lives in the community. Services include:

Family Life Skills

The Behavior Management Services program is unique because it is the only free-of-charge and timely service available in the Fargo-Moorhead metropolitan area that provides one-to-one behavior management for children in any setting.

The goal is to help children with severe behavioral problems learn to follow rules and to cooperate with others by providing parents and the child's caregivers with the tools to successfully decrease difficult behavior and increase appropriate behavior.

The desired outcome is for the children to become successful and more cooperative at home, in school and/or daycare, thus allowing the child to remain in the setting in which he/she previously struggled.

Other services offered in this department are:

Child Care Support Services
Children's Therapeutic Support Services
In-home Behavior Support
Children and Adult Mental Health Case Management

In-Home Services

The In-Home Services program provides a comprehensive array of person-centered services for children and adults with various types of disabilities based on their preferences and needs.

Access provides these services through waivers, which include Community Alternatives for Disabled Individuals (CADI) and Developmental Disability Waivers. Other services include Personal Care Attendant (PCA) and County Paid Respite.

Residential Foster Care

Areas Addressed

- Abuse related issues
- Anger Management
- Anxiety Disorders
- Attachment
- Attention/Impulse control
- Behavior problems
- Conduct Disorders
- Developmental Disabilities
- Mood Disorders
- Parenting issues
- Pervasive Developmental Disorders (Asperger's, Autism)
- Physical Disabilities
- Social Skills Deficits
- Stress-related concerns

Additional Information

Access served approximately 225 children ages 0-8 last year.

The majority of referrals are from physicians, social services, public health, self referrals, and collaborative partners.

Agency	Services	Areas Addressed	Payment Accepted
Access of the Red River Valley 403 Center Avenue, Suite 512 Moorhead, MN 56560 **Phone:** 218-233-3991 **Fax:** 218-233-2577 www.accessrrv.org **Client Base:** Children, adolescents and adults **Access:** Call for an appointment **Hours:** Monday-Friday 8:00am-4:30pm On-call 24 hours	• **Behavior Management Services** - Child Care Support Services - Children's Therapeutic Support Services - In-home Behavior Support - Mental Health Case Management • **In-Home Services** - Independent Living Skills - In-Home Family Support - Personal Care Attendant Services - Respite - Supported Living Services - Therapeutic Support of Foster Care - Waivered Services • **Residential Foster Care**	• Abuse related issues • Anger Management • Anxiety Disorders • Attachment • Attention/Impulse control • Behavior problems • Conduct Disorders • Developmental Disabilities • Mood Disorders • Parenting issues • Pervasive Developmental Disorders (Asperger's, Autism) • Physical Disabilities • Social Skills Deficits • Stress related concerns	• Grant-based services (free or reduced fee) • Waivers • MN Medical Assistance, including Blue Plus • Blue Cross Blue Shield of MN and ND • **Please call with questions regarding payment, as payment types differ for services**

Attentive Mind
Dr. Rachel Fleissner
2902 South University Drive
Fargo, ND 58103
Phone: 701-364-9723
www.MyDrRachel.com

Summary of Services

Dr. Rachel Fleissner, MD, a Board Certified Child and Adolescent Psychiatrist, works with children and their families to make sure that everyone accomplishes the happiness they deserve.

Dr. Rachel is the only Child and Adolescent Psychiatrist ever awarded a Bush Medical Foundation Fellowship and is one of less than 10 Child and Adolescent Psychiatrists nationwide trained in hypnosis and neurofeedback.

Outpatient Services

- Assessments/Evaluations
- Behavioral Management
- Individual Therapy
- Family Therapy
- Medication Management
- Hypnosis
- Biofeedback
- Neurofeedback

In-home Services

Areas Addressed

- Aggressive/oppositional behavior
- Anxiety Disorders
- Attention/Impulse Control Disorders
- Behavior problems
- Depression
- Developmental/Learning Disabilities
- Mood Disorders
- Pervasive Developmental Disorder/Autism
- Psychotic Disorders
- Sleep Disorders
- Attachment issues

Additional Information

Named as one of "America's Best Doctors" five years in a row, Dr. Rachel has over 15 years of clinical experience. Most of her referrals come from her patients. Dr. Fleissner also does lectures and trainings on a variety of topics.

Agency	Services	Areas Addressed	Payment Accepted
Attentive Mind **Dr. Rachel Fleissner** 2902 South University Dr. Fargo, ND 58103 **Phone:** 701-364-9723 www.MyDrRachel.com **Client Base:** Children, adolescents, adults and families **Access:** Call for information **Hours:** Hours vary	• **Out-patient Services** - Assessments and Evaluations - Individual Therapy - Family Therapy - In-Home Services - Behavior Management - Medication Management - Hypnosis - Biofeedback - Neurofeedback • **In-home Services**	• Aggressive and oppositional behavior • Anxiety Disorders • Attention/Impulse Control • Behavior problems • Depression • Developmental and Learning Disabilities • Mood Disorders • Pervasive Developmental Disorder/Autism • Psychotic Disorders • Sleep Disorders • Attachment issues	• Private Insurance • Blue Cross Blue Shield of MN and ND • Other commercial Insurance **Call for more information**

Cass County Social Services

1010 2nd Avenue South
Fargo, ND 58103
Phone: 701-241-5765
www.co.cass.nd.us

Summary of Services

The public child welfare system in North Dakota is county administered and state supervised. The Department of Human Services' Children and Family Services Division is responsible for many programs and services and sets policies and procedures for public child welfare services.

The Children's Mental Health System of Care in North Dakota provides therapeutic and supportive services to children with serious emotional disturbance (SED) and their families so they can manage their illness and live in least restrictive community setting.

"Partnerships" involve parents working together with service agencies and their natural supports. The goal is to plan and provide for the care and support of children with complex needs. The planning includes services across system lines and involves all providers of services. The plan is made around family choices and preferences and is focused on goals. All partners put their resources "on the table" for consideration during the planning process.

Services include:

Case Management Services

- Family Based Case Management
- Child Welfare Case Management
- Crisis Case Management

Parent-Aid Services

Cass County Social Services contracts out with local providers, such as The Village Family Service Center and Southeast Human Service Center, for the majority of children's mental health services. They do provide assessments such as Health Tracks, which has a mental health component.

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol/drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Post Traumatic Stress Disorder
- Attachment issues
- Conduct Disorders

- Depression
- Developmental Disabilities
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual Offenses
- Sleep Disorders

Additional Information

Referrals for services come from a variety of sources in Cass County, such as schools, daycares, self-referral, PATH of ND, hospitals, agencies, etc. Services are free, although ND medical assistance may be accessed if applicable.

Agency	Services	Areas Addressed	Payment Accepted
Cass County Social Services 1010 2nd Avenue South Fargo, ND 58103 **Phone:** 701-241-5765 www.co.cass.nd.us **Client Base:** Children, adolescents, adults and families **Access:** Call for information and appointment **Hours:** Main office, 8:00am -5:00pm, Monday – Friday On-call services 24 hours a day, seven days a week	• **Case Management Services** - Child Welfare - Family Based - Crisis • **Parent Aid Services** • Most direct children's mental health services are referred/contracted out to local mental health agencies	• Aggressive and oppositional behaviors • Alcohol/drug abuse • Anxiety Disorders • Attention problems/Impulse control • Post Traumatic Stress Disorder • Attachment issues • Conduct Disorders • Depression • Developmental Disabilities • Learning Disorders • Mood Disorders • Pervasive Developmental Disorders/Autism • Psychotic Disorders • Sexual Offenses • Sleep Disorders	• No payment required for services • ND Medical Assistance may be accessed for some services

Catholic Charities of North Dakota

5201 Bishops Blvd., Suite B
Fargo, ND 58104
Phone: 701-235-4457
Toll Free: 800-450-4457
www.catholiccharitiesnd.org

Summary of Services

In faithfulness to the Gospel and Mission of Jesus, Catholic Charities North Dakota fosters the common good through charitable and social services to the people of North Dakota.

Services include:

AASK – Adults Adopting Special Kids

Pregnancy Counseling

Outpatient Services

- Individual Therapy (Trauma Focused Cognitive Behavioral Therapy)
- Group Therapy – SPARCS (Structured Psychotherapy for Adolescents Responding to Chronic Stress)
- Family Therapy
- Assessments/Evaluations

Areas Addressed

- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Depression
- Eating Disorders
- Mood Disorders
- Sexual Offenses

Additional Information

AASK served 120 children last year. The Child Welfare program served 12. Four children were served in the counseling program.

Referrals come from a variety of community sources, including self-referral, churches, EAP's, hospitals, etc.

Agency	Services	Areas Addressed	Payment Accepted
Catholic Charities Counseling Services 5201 Bishops Blvd, Suite B Fargo, ND 58104 **Phone:** 701-235-4457 **Toll Free:** 800-450-4457 **Client Base:** Children, adolescents, adults and families **Access:** Call for an appointment **Hours:** Monday – Friday, hours vary by appointment, evening hours available	• **AASK – Adults Adopting Special Kids** • **Pregnancy Counseling** • **Outpatient Services** - Individual Therapy - Group Therapy (SPARCS) - Family Therapy - Assessments and evaluations	• Anxiety Disorders • Attention problems/Impulse control • Conduct Disorders • Depression • Eating Disorders • Mood Disorders • Sexual Offenses	• Blue Cross Blue Shield of MN and ND • Private Pay • Sliding Fee • ND Medical Assistance • Medicare **Call for more information on providers**

Child Care Resource & Referral - a program of Lakes and Prairies Community Action Partnership

715 11th Street North, Suite 402
Moorhead, MN 56560
Toll Free: 800-941-7003
Phone: 218-299-7026
www.lakesandprairies.net
www.mnchildcare.org
www.ndchildcare.org

Summary of Services

Lakes and Prairies Child Care Resource & Referral provides community-based, personal services to assist families in their search for quality childcare, supports individuals and programs that care for children and builds connections in communities to generate understanding and activism for child care issues.

Lakes and Prairies Child Care Resource and Referral do not provide direct services for children with mental health issues. Services include:

- **Helping parents find child care that meets their needs**
- **Offer trainings for child care professionals on social and emotional development**
- **Assist child care professionals with care plans for children with mental health issues**
- **Consultation and referral assistance**

Additional Information

Lakes and Prairies Child Care Resource & Referral employs two child care health consultants, four referral counselors, eight provider support counselors and one community support counselor.

Referrals come from a variety of community sources, including social services, pre-schools, foster care, self-referral and other agencies.

Lakes and Prairies Child Care Resource & Referral provide trainings on safety, health, behavior management, child development, etc. for child care professionals.

Agency	Services	Areas Addressed	Payment Accepted
Lakes & Prairies Child Care Resource and Referral 715 11th Street North Moorhead, MN 56560 **Toll Free:** 800- 941-7003 **Phone:** 218-299-7026 www.lakesandprairies.net www.mnchildcare.org www.ndchildcare.org **Client Base:** Infants, children, parents and child care professionals **Access:** Call for information **Hours:** Monday – Friday, 8:00am - 4:30pm	• **Child Care Health Consultation** - By phone or on-site - Training and education for child care professionals - Community referrals - Assistance with care plans • **Referral Counselors** - Assist families in their search for quality child care	No direct mental health services provided	• No cost for consultation or referral services • Small fee charged for trainings

Clay County Social Services

715 11th Street North
Moorhead, MN 56560
218-299-5200
www.co.clay.mn.us

Summary of Services

Clay County Social Services provides directly or through contractual arrangements: education and prevention, early identification and intervention, emergency services, outpatient services, family community support, treatment screening, case management, and professional home-based family treatment services to children with severe emotional disturbance and their families. Services include:

Case Management Services

- Children's Mental Health Case Management

- Child Welfare Case Management

- CADI (Community Alternatives for Disabled Individuals) Case Management

Areas Addressed

- Aggressive oppositional behaviors
- Alcohol/drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Depression
- Developmental Disabilities
- Conduct Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual Offenses

Additional Information

Referrals come from a variety of sources in the community, including health care providers, child care, parents, schools, shelters, self-referral, police, etc.

Clay County Social Services contracts with local mental health providers to provide the majority of children's mental health services for their clients.

Clay County has a Local Advisory Council for Children's Mental Health which is a parent-led committee providing the county with input for services.

The Clay County Collaborative is a partnership of Clay County, its five school districts and non-profit agencies who are committed to working together in partnership with families and to making the changes necessary in their organizations to better serve children and their families.

Agency	Services	Areas Addressed	Payment Accepted
Clay County Social Services 715 11th Street North Moorhead, MN 56560 **Phone:** 218-299-5200 www.co.clay.mn.us **Client Base:** Children, adolescents, adults and families **Access:** Call for information and appointment **Hours:** Main office 8:00am -4:30pm, Monday – Friday On-call services 24 hours a day, seven days a week	• **Case Management Services** - Child Welfare - Children's Mental Health - CADI (Community Alternatives for Disabled Individuals) • Most direct children's mental health services are referred/contracted out to local mental health agencies	• Aggressive and oppositional behaviors • Alcohol/drug abuse • Anxiety Disorders • Attention problems/Impulse control • Conduct Disorders • Depression • Developmental Disabilities • Mood Disorders • Pervasive Developmental Disorders/Autism • Psychotic Disorders • Sexual Offenses	• No payment required for services • MN Medical Assistance may be accessed for some services

Dakota Boys and Girls Ranch
Fargo Residential Center

3314 33rd Street SW
Fargo, ND 58104
Phone: 701-237-3123
Fax: 701-237-4063
www.dakotaboysranch.org

Summary of Services

Dakota Boys and Girls Ranch Fargo Residential Center is a 16-bed treatment facility providing services for adolescents ages 12-17 with severe emotional and behavioral difficulties. Residents receive a resiliency-based cognitive behavioral approach treatment with the goal of transition back into the community. Services include:

Residential Treatment

- Social skills training
- Anger management
- Recreation and wellness
- Daily living skills activities
- Spirituality

On-site Education

River's Edge School, Fargo Public Schools with special education teachers.

Therapeutic/Medical Services

- Individual Therapy
- Family Therapy
- Group Therapy
- Psychiatric Services
- Chemical dependency counseling
- Psychological assessments
- Mentoring program (for transition to community)
- On-site nursing
- Community based services for medical, dental and vision care

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol/drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Communication Disorders
- Conduct Disorders
- Depression
- Learning Disorders
- Mood Disorders

- Psychotic Disorders
- Sexual aggressive behaviors
- Attachment Disorders

Additional Information

24 adolescents were served by the residential center in the last fiscal year.

Average length of stay is nine to twelve months.

Agency	Services	Areas Addressed	Payment Accepted
Dakota Boys and Girls Ranch **Fargo Residential Center** 3314 33rd Street SW Fargo, ND 58103 **Phone:** 701-237-3123 **Fax:** 701-237-4063 www.dakotaboysranch.org **Client Base:** Adolescents ages 12-17 **Access:** Referrals are received from County or Tribal Social Services and Division of Juvenile Services. Private referrals are also accepted. **Hours:** 24-hour care	• **Residential Services** - Social skills training - Anger management - Recreation/wellness - Daily living skills - Spirituality • **Group Therapy** • **Chemical Dependency Treatment** • **Individual Therapy** • **Family Therapy** • **Psychiatric services** • **Evaluations** • **On-site education** • **On-site nursing** • **Mentoring**	• Aggressive and oppositional behaviors • Alcohol/drug abuse • Anxiety Disorders • Attention problems/Impulse control • Communication Disorders • Conduct Disorders • Depression • Learning Disorders • Mood Disorders • Psychotic Disorders • Sexually aggressive behaviors • Attachment Disorder	• Blue Cross Blue Shield of ND and MN • ND Medical Assistance • Self pay **Call for more information on insurance accepted**

Dakota Boys and Girls Ranch Safe Home

Phone: 701-476-2946
Fax: 701-476-2947
Fargo, ND 58103

Summary of Services

DBGR Safe Home is a 24-hour emergency shelter care facility for children/adolescents between the ages of 5-17. Residents must be custody of county or tribal social services or the Division of Juvenile Services. Services include:

Temporary/Emergency placement

Observation/Informal Assessment

Behavior Management

Areas Addressed

- Aggressive/oppositional behavior
- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Mood Disorders
- Communication Disorders
- Drug and alcohol abuse

Additional Information

Length of stay is under 30 days

Agency	Services	Areas Addressed	Payment Accepted
Dakota Boys Ranch Safe Home Fargo, ND 58103 **Phone:**701-476-2946 **Fax:**701-476-2947 **Client Base:** Children and adolescents ages 5-17 **Access:** Contact Safe Home Residential Program Manager **Hours:** 24-hour care	• **Assessment and informal observation** • **Emergency and temporary placement** • **Out-patient community services, when indicated**	• Aggressive and oppositional behavior • Anxiety Disorders • Attention problems/Impulse control • Conduct Disorders • Mood Disorders • Communication Disorders • Drug and alcohol abuse	• Foster care dollars

Dakota Boys and Girls Ranch
Fargo Youth Home

1641 31st Avenue South
Fargo, ND 58103
Phone: 701-237-3123
Fax: 701-237-5711
www.dakotaboysranch.org

Summary of Services

The Fargo Youth Home provides group home care to boys and girls ages 10-17. The home has a family type atmosphere and is in a residential neighborhood. Residents receive resiliency-based approach to treatment with the goal of transition back into the community. Services include:

Group Home Services
- Social skills training
- Daily living skills
- Spirituality
- Recreation and wellness

Family Therapy
Group Therapy
Individual Therapy
On and off-site education
Mentoring (for transition to community)

Community based services available for chemical dependency and sexual issues, psychological, medical and dental care.

Areas Addressed

- Aggressive/oppositional behaviors
- Anxiety Disorder
- Attention problems/Impulse control
- Depression
- Conduct Disorders
- Mood Disorders
- Communication Disorders
- Alcohol and drug abuse
- Anger management
- Sexually aggressive behaviors

Additional Information

Nineteen children/adolescents were served by the Fargo Youth Home in 2006/2007.

Average length of stay is 6-9 months.

Agency	Services	Areas Addressed	Payment Accepted
Dakota Boys and Girls Ranch **Fargo Youth Home** 1641 31st Ave. South Fargo, ND 58103 **Phone:** 701-237-3123 **Fax:** 701-237-5711 www.dakotaboysranch.org **Client Base:** Children and adolescents ages10-17 **Access:** Referrals are received from Cass County or Tribal Social Services and Division of Juvenile Services Private referrals are also accepted **Hours:** 24-hour care	• **Group Home Services** - Social skills training - Recreation/wellness - Daily living skills - Spirituality • **Group Therapy** • **Family Therapy** • **On-site and off site education** • **Individual Therapy** • **Mentoring**	• Aggressive and oppositional behaviors • Anxiety Disorders • Attention problems/Impulse control • Depression • Conduct Disorders • Mood Disorders • Communication Disorders • Anger Management • Alcohol and drug abuse • Sexually aggressive behaviors	• Blue Cross Blue Shield of MN and ND (therapeutic services only) • ND Medical Assistance (therapeutic services only) • Self pay • Foster care dollars

Dakota Family Services

300 45th Street SW
Fargo, ND 58103
Phone: 701-837-6508
Toll Free: 800-201-6495
Fax: 701-858-1839

Summary of Services

Outpatient Services

- Assessments/Evaluations
- Individual Therapy
- Family Therapy
- Group Therapy
- Play Therapy
- Music Therapy
- Juvenile sexual responsibility treatment

Services Dakota Family Services plans to add in the future

- Parent education and support
- Case management
- Psychiatry

• Services may expand as more professionals are added.

Areas Addressed

- Aggressive/oppositional behaviors
- Anxiety Disorders
- Attention problems/Impulse control
- Communication Disorders
- Conduct Disorders
- Depression
- Learning Disorders
- Mood Disorders
- Autism Spectrum Disorders
- Psychotic Disorders
- Sexually aggressive behavior
- Attachment issues

Agency	Services	Areas Addressed	Payment Accepted
Dakota Family Services 300 45th St. SW Fargo, ND 58103 **Phone:** 701-837-6508 **Toll Free:** 800-201-6495 • Minot, ND based for intake **Client Base:** Children, adolescents and families **Access:** Call for an appointment **Hours:** By appointment	• **Out-patient Services** - Individual Therapy - Assessments and Evaluations - Group Therapy - Family Therapy - Play Therapy - Music Therapy - Juvenile sexual responsibility treatment	• Aggressive and oppositional behaviors • Anxiety Disorders • Attention problems/Impulse control • Communication Disorders • Conduct Disorders • Depression • Learning Disorders • Mood Disorders • Autism/Pervasive Developmental Disorder • Psychotic Disorders • Sexually aggressive behavior • Attachment issues	• Blue Cross Blue Shield of ND and MN • Private pay • ND Medical Assistance

Drake Counseling Services, Inc.

1202 23rd Street South
Fargo, ND 58103
Phone: 701-293-5429
www.drakecouselingservices.com

Summary of Services

Drake Counseling Services, Inc. provides a variety of services related to chemical use and abuse for adolescents, adults and their family members. Beyond chemical abuse treatment, they also provide individual therapy and family therapy to children. Services include:

Chemical Abuse and Dependency Services

- Early intervention
- Out-patient care
- Intensive outpatient
- Residential care
- Aftercare

Individual Therapy

Family Therapy

Areas Addressed

- Chemical usage/dependency issues
- ADHD
- Divorce
- Grief
- Anxiety
- Family Issues
- Separation Anxiety
- Parenting Issues
- Behavior Management
- Depression
- Relationship issues
- Parent/child conflict
- Communication

Additional Information

Drake Counseling Services, Inc. served approximately 250 adolescents in 2007 in their chemical use related programs. Drake Counseling receives referrals from community agencies, insurance companies, EAP's, parents, etc. They served nine children under the age of eight in the past year. Drake has 16 professionals, with two of them providing services for children under eight.

Agency	Services	Areas Addressed	Payment Accepted
Drake Counseling Services, Inc. 1202 23rd Street South Fargo, ND 58103 Phone: 701-293-5429 www.drakecounselingservices.com **Client Base:** Children, adolescents, adults and families **Access:** Call for information and appointment **Hours:** Mon-Thurs. 8:00am-6:30pm Fri 8:00pm-3:00pm	• **Chemical abuse and dependency services** • **Individual Therapy** • **Family Therapy**	• Chemical use, abuse and prevention • ADHD • Divorce • Grief • Anxiety • Family Issues • Separation Anxiety • Parenting Issues • Behavior Management • Depression • Relationship Issues • Parent/Child Conflict • Communication	• Blue Cross Blue Shield of MN and ND • Sliding fee • Self pay • MN and ND Medical Assistance • Federal Blues • Preferred One • Health Partners **Call for more information**

Family HealthCare Center

306 4th Street North
Fargo, ND 58102
Phone: 701-239-7111
www.famhealthcare.org

Summary of Services

Family HealthCare Center fulfills a critical role in the community system of care by providing services that assures everyone has access to quality health care. A sliding fee scale is offered for services provided at FHC. Through a team approach, they focus on the total health needs of patients and families. Children's mental health services include:

Medication Management

Individual Therapy

Family Therapy

Areas Addressed

- Aggressive/oppositional behaviors
- Anxiety Disorders
- Attention/Impulse control
- Chronic physical illness
- Conduct Disorders
- Developmental Disabilities
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism

Additional Information

Family Health Care served 3,322 children under the age of 18 in 2006.

Agency	Services	Areas Addressed	Payment Accepted
Family HealthCare Center 306 4th Street North Fargo, ND 58102 **Phone:** 701-239-7111 www.famhealthcare.org **Client Base:** Infants, children, adolescents, adults **Access:** Call for an appointment **Hours:** Monday 8am-8pm; Tuesday-Friday 8am-5pm	• **Individual Therapy** • **Family Therapy** • **Medication Management**	• Aggressive and oppositional behaviors • Anxiety Disorders • Attention/Impulse control • Chronic physical illness • Conduct Disorders • Developmental Disabilities • Learning Disorders • Mood Disorders • Pervasive Developmental Disorders/Autism	• ND and MN Medical Assistance • Private Insurance • Sliding Fee • Uninsured • Private pay

Federation of Families for Children's Mental Health

1104 2nd Avenue South
Fargo, ND 58103
Phone: 701-235-9923
Toll Free: 800-492-4951
Email: ndffrgv@nbinternet.com

Summary of Services

The Federation of Families is a state and national parent-run organization focused on the needs of children and youth with emotional, behavioral or mental disorders and their families. Services include:

Family Support
- Support Groups

Advocacy

Community Education

Family Education
- Social Activities

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol/drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Depression
- Developmental Disabilities
- Eating Disorders
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual Offenses

Additional Information

The ND Federation of Families served approximately 30 children in 2006. This does not include participating family members.

Referrals come from a variety of sources including daycares, foster care providers, self-referral, shelters, and mental health and social services agencies.

Agency	Services	Areas Addressed	Payment Accepted
Federation of Families for Children's Mental Health 1104 2nd Avenue South Fargo, ND 58103 **Phone:** 701-235-9923 **Toll Free:** 800-492-4951 ndffrgv@nbinternet.com **Client Base:** Children, adolescents and families **Access:** Call for information **Hours:** Monday – Friday 9am -5pm, varied hours	• **Family Support** - Support Groups • **Advocacy** • **Community Education** • **Family Education** - Social activities	• Aggressive and oppositional behaviors • Alcohol/Drug abuse • Anxiety Disorders • Attention problems/Impulse control • Conduct Disorders • Depression • Developmental Disabilities • Eating Disorders • Learning Disorders • Mood Disorders • Pervasive Developmental Disorders/Autism • Psychotic Disorders • Sexual Offenses	All services are free of charge

Fraser, Ltd.

2902 South University Drive
Fargo, ND 58103
Phone: 701-232-3301 or
701-293-3050
www.fraserltd.org

Summary of Services

Child Care

- Assessments and screenings for developmental and social-emotional development
- Behavioral management
- On-site therapy room
- Special needs case management
- Psychiatric observation/consultation, as needed

S.M.A.R.T./Boost-up (Stimulating Maturity thought Accelerated Readiness Training)

With the S.M.A.R.T./Boost-Up curriculum, children participate in structured activities that stimulate the brain's processing capabilities and help the brain learn how to receive information more efficiently, which ultimately benefits children's reading, writing and all aspects of academic ability.

S.E.T. (Skill Enhancement Training)

S.E.T. is an eleven week summer program for youth ages 12-21 with mental health issues, who are receiving services through an Individual Education or 504 Plan in the school year. The S.E.T. curriculum combines social skills building with occupational, academic and recreational activities. The life skills approach teaches the participants how to function appropriately and independently in society.

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol and drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Chronic physical illness
- Communication and Learning Disorders
- Depression
- Developmental Disabilities
- Mood Disorders
- Pervasive Development Disorders/Autism
- Psychotic Disorders
- Social Skills Training
- Transitional Living Skills

Additional Information

Fraser, Ltd. employs a Special Needs Coordinator who conducts screenings, makes referrals and provides advocacy and case management for children with special needs. Teachers are trained on each child's individual plan. Fraser, Ltd. consults with other agencies, as needed, to provide behavior management services and can contract with Dr. Fleissner to provide psychiatric observation and consultation.

Fraser, Ltd served 160 children in 2006. Twenty-five percent of the children in the childcare have special needs.

Referrals come from a variety of community sources, including foster care, self-referral, treatment centers, county social services and mental health agencies.

Fraser, Ltd can serve MN and ND residents in their programs.

Agency	Services	Areas Addressed	Payment Accepted
Fraser, Ltd. 2902 S. University Dr. Fargo, ND 58103 **Phone:** 701-293-3050 or 701-232-3301 www.fraserltd.org **Client Base:** Child Care Services: 6 weeks to 12 years S.E.T.: 12-21 years of age **Access:** Call for information **Hours:** Depends on program Childcare: 6am – 8:30pm, Monday – Thursday, Friday, 6 am - 6 pm	• **Childcare** - Assessment and screening for social emotional development - Behavior Management - On-site therapy room - Psychiatric consultation - Special needs case management • **S.M.A.R.T/Boost-up** Simulating Maturity through Accelerated Readiness Training Curriculum • **S.E.T.** Skill Enhancement Training, summer program for youth ages 12-21	• Aggressive and oppositional behaviors • Alcohol and drug abuse • Anxiety Disorders • Attention problems/Impulse control • Chronic physical illness • Communication and Learning Disorders • Depression • Developmental Disabilities • Mood Disorders • Pervasive Development Disorders/Autism • Psychotic Disorders • Social Skills Training • Transitional Living Skills	• Child care assistance • Self pay

Knowlton, O'Neill & Associates

1401 13th Avenue East
West Fargo, ND 58078
Phone: 701-364-0060
Fax: 701-364-0065
www.koamentalhealth.com

Summary of Services

Outpatient Services

- Individual Therapy: Play Therapy, Cognitive Behavioral Therapy

- Family Therapy: Barkley's Parent Training (ADHD, ODD), Theraplay (Attachment, Autistic Spectrum Disorders), Structural Family Therapy

- Group Therapy: Pervasive Developmental Disorders Group, Structured Psychotherapy for Adolescents in Chronic Stress (SPARCS), Girls' Sexual Abuse Survivors Group

- Psychological Testing/Assessment

Specialty Clinics

- ADHD/ ADD Clinic
- Stress and Anxiety Clinic

Areas Addressed

- Abuse related issues (PTSD)
- Anxiety Disorders
- Attachment Issues
- Behavioral problems
- Attention deficit and impulse control issues
- Depression
- Learning Disorders
- Oppositional disorders
- Parenting issues
- Pervasive Developmental Disorders (Autism, Aspergers)
- Social skill deficits
- Stress related concerns

Additional Information

Knowlton, O'Neill & Associates served approximately 400 children ages 0-8 last year.

Majority of referrals are from self, school counselors, attorneys, clinics, Plains Medical, MeritCare and family physicians

Agency	Services	Areas Addressed	Payment Accepted
Knowlton, O'Neill & Associates 1401 13th Ave E. West Fargo, ND 58078 **Phone:** 701-364-0060 **Fax:** 701-364-0065 www.koamentalhealth.com **Client Base:** Children, adolescents and families **Access:** Call for an appointment **Hours:** Monday-Friday, 8am-5pm	• **Outpatient Services** - Individual Therapy - Family Therapy - Group Therapy - Assessments and Evaluations • **Specialty Clinics** - ADHD/ADD - Stress/Anxiety	• Abuse related issues (PTSD) • Anxiety Disorders • Attachment issues • Behavioral problems • Attention deficit/ Impulse control issues • Depression • Learning Disorders • Oppositional Disorders • Parenting issues • Pervasive Developmental Disorders (Autism, Aspergers) • Social skill deficits • Stress related concerns	• Benefit Plan Administrators • Blue Cross Blue Shield of ND and MN • Cigna • Health Partners • Medicare • MN and ND Medical Assistance • Preferred One • Selfpay • ValuOptions **Call for more information and other providers**

Lakeland Mental Health Center

1010 32nd Avenue S.
Moorhead, MN 56560
Phone: 218-233-7524
Emergency/Crisis: 800-223-4512
Fax: 218-233-8627
www.lmhc.org

Summary of Services

Outpatient Services

- Individual Therapy
- Family Therapy
- Group Therapy
- Diagnostic Assessments
- Children's mental health screening
- Play Therapy
- Rule 79(children's mental health) Case Management
- Children's Therapeutic Services and Supports (CTSS)
- Psychological Assessments
- Child Psychiatry (medication management)
- Crisis hotline services

Day Treatment

School based mental health services offered to children whose mental health needs are negatively impacting their ability to be successful in school, home and community settings.

Therapeutic services are provided to increase the student's ability to function in school, home and community settings. These services include individual, group and family therapy, social skills training, recreation and leisure activities, parent education, medication monitoring, case management services and close coordination with school staff.

Areas Addressed

- Alcohol/drug abuse
- Anger Management
- Anxiety Disorders
- Attention/Impulse control- ADHD
- Conduct Disorders
- Depression
- Developmental Disabilities
- Learning Disorders
- Mood Disorders
- Oppositional/defiant behavior and disorders
- Pervasive Development Disorders/Autism

- Psychotic Disorders
- Sexual offenses
- Attachment issues

Additional Information

Majority of referrals are from self, Clay County Social Services, schools, Head Start, primary care physicians, and Churches United.

Agency	Services	Areas Addressed	Payment Accepted
Lakeland Mental Health Center 1010 32nd Avenue S. Moorhead, MN 56560 **Phone:** 218-233-7524 **Crisis:** 800-223-4512 **Fax:** 218-233-8627 www.lmhc.org **Client Base:** Children, adults, adolescents and families **Access:** Call for an appointment **Hours:** Monday 8am-8pm; Tuesday 8am-6pm; Wednesday-Friday 8am-5pm	• **Out-patient Services** - Individual Therapy - Family Therapy - Group Therapy - Diagnostic Assessments - Children's mental health screening - Play Therapy - Rule 79(children's mental health) Case Management - Children's Therapeutic Services and Supports (CTSS) - Psychological Assessments - Child Psychiatry - Crisis hotline services • **School Day Treatment**	• Alcohol/drug abuse • Anger Management • Anxiety Disorders • Attention/Impulse control- ADHD • Conduct Disorders • Depression • Developmental Disabilities • Learning Disorders • Mood Disorders • Oppositional/defiant behavior • Pervasive Development Disorders/Autism • Psychotic Disorders • Sexual offenses • Attachment issues	• Blue Cross Blue Shield of MN and ND • Champus • Medica • Medicare • MN Medical Assistance • Prime West • Tricare • Sliding fee **Call for more information on insurance**

Lakes & Prairies Community Action Partnership
Head Start

715 11th Street North, Suite 402
Moorhead, MN 56560
Phone: 218-299-7000
Toll Free: 800-452-3646
www.lakesandprairies.net

Summary of Services

Children that are at-risk enroll in Head Start to learn skills that prepare them for school. Parents are encouraged to become involved in their child's education so their family can grow and learn together

Head Start prepares children for school by providing:
• Nutritious meals
• Health screening
• Developmental and mental health screenings
• Parenting education and support for caregivers

Screenings
- Social-Emotional
- Mental Health

Behavior Management

Individual Therapy

Mental Health Consultation

Family Therapy

In-home Services

Parenting Education
- Family Tool Box

Areas Addressed

- Aggressive/oppositional behaviors
- Anxiety Disorders
- Alcohol and drug abuse
- Attention problems/Impulse control
- Chronic physical illness
- Communication Disorders
- Conduct Disorders
- Depression

- Developmental Disabilities
- Eating Disorders
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual issues
- Sleep Disorders
- Variety of other physical and developmental impairments

Additional Information

Head Start served 313 children in 2006.

Referrals come from a variety of sources including child cares, shelters, agencies, self-referral, health care providers, etc.

There are income eligibility guidelines for acceptance to program, although 10% can be above income guidelines and eligibility determined by other factors.

Agency	Services	Areas Addressed	Payment Accepted
Lakes & Prairies Head Start 715 11th Street North Moorhead, MN 56560 **Phone:** 218-299-7000 **Toll Free:** 800-452-3646 www.lakesandprairies.net **Client Base:** Young children (0-5) and families **Access:** Call for information and eligibility requirements **Hours:** Main office, 8am - 4:30pm, Monday - Friday	• **Family Services** - Social/emotional and mental health screening Screening - Mental health consultation - Family Therapy - Individual Therapy - Behavior management - Parent education and Support - In-home Services	• Aggressive and oppositional behaviors • Anxiety Disorders • Alcohol and drug abuse • Attention problems/Impulse control • Chronic physical illness • Communication Disorders • Conduct Disorders • Depression • Developmental Disabilities • Eating Disorders • Learning Disorders • Mood Disorders • Pervasive Developmental Disorders/Autism • Psychotic Disorders • Sexual issues • Sleep Disorders • Variety of other physical and developmental impairments	No payment for services

Lutheran Social Services of Minnesota

715 11th Street North, Suite 401
Moorhead, MN 56560
Phone: 218-236-1494
www.lssmn.org

Summary of Services

In-home Services

- Family Therapy
- Individual Therapy
- Assessments/Evaluations
- Behavior Services

Children's Mental Health Case Management

Dialectical Behavior Therapy Groups

Treatment Foster Care

Wraparound Services

Family Group Decision Making

Day Treatment in Hawley, MN Public Schools

Areas Addressed

- Aggressive and oppositional behaviors
- Alcohol and drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Depression
- Eating Disorders
- Mood Disorders
- Psychotic Disorders
- Sexual offenses
- Attachment issues
- Grief and trauma issues
- Learning Disabilities
- Pervasive Development Disorders/Autism
- Divorce

Additional Information

In 2006, LSSMN served 63 families through in-home family therapy, 25 children for children's case management and 26 for treatment foster care.

Referrals come from a variety of sources, including county, probation, hospitals, other agencies and self-referral.

Agency	Services	Areas Addressed	Payment Accepted
Lutheran Social Services of MN 715 11th Street North Moorhead, MN 56560 **Phone:** 218-236-1494 www.lssmn.org **Client Base:** Children, adolescents, adults and families **Access:** Call for information and appointment **Hours:** 8am-4:30pm Monday – Friday; some evening hours	• **In-home Services** - Family Therapy - Individual Therapy - Assessments and evaluations - Behavior Management • **Children's Mental Health Case Management** • **Dialectical Behavioral Therapy Groups** • **Treatment Foster Care** • **Wraparound Services** • **Family Group Decision Making** • **Day Treatment (Hawley, MN Public Schools)**	• Aggressive and oppositional behaviors • Alcohol and drug abuse • Anxiety Disorders • Attention problems and impulse control • Conduct Disorders • Depression • Eating Disorders • Mood Disorders • Psychotic Disorders • Sexual offenses • Attachment issues • Grief and trauma issues • Learning Disabilities • Divorce • Pervasive Development Disorders/Autism	• Contracts • MN Private Insurance • MN Medical Assistance • ND Private Insurance (limited) **Call for more information**

Lutheran Social Services of ND

1325 11th Street South
Fargo, ND 58103
Phone: 701-235-7341
Fax: 701-235-7359
www.lssnd.org

Summary of Services

Community Outreach Services

- Great Plains Food Bank/Daily Bread
- Lutheran Disaster Response
- New American Services
- Gamblers Choice
- Freedom from Violence

Children and Family Services

- Adoptions Services
- Child Care Resource & Referral
- Attendant Care
- Restorative Justice
- Tracking
- Youth Court
- New American Services

Residential Treatment -Luther Hall

Luther Hall serves children and adolescents between the ages of 10 and 18 who have been diagnosed with a psychiatric disorder and need 24-hour care and treatment. Services include:

- Diagnostic assessment and evaluation
- Individual, group and family therapy
- Recreation and leisure programming
- Service learning projects
- On-site education contracted through the Fargo Public Schools Special Education Department.
- Psychiatric and psychological services including assessment and individual sessions
- Social skills training
- Spiritual programming available
- Nursing and health program
- Case management services

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol and drug abuse
- Anxiety Disorders

- Attention Problems/Impulse Control
- Conduct Disorders
- Depression
- Eating Disorders
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual offenses
- Sleep Disorders
- Safety
- Legal offenses

Additional Information

Referrals for services come from a variety of community agencies, such as Cass County Social Services, Division of Juvenile Services, Juvenile Court, schools and law enforcement. Eligibility varies based on program.

Agency	Services	Areas Addressed	Payment Accepted
Lutheran Social Services of North Dakota (Main office) 1325 11th Street S. Fargo, ND 58103 **Phone:** 701-235-7341 **Fax:** 701-235-7359 www.lssnd.org **Client Base:** Families, youth and community **Access:** Call for information about each program **Hours:** Main office 8am-5pm Monday – Friday, other programs vary	• **Community Outreach Services** - Great Plains Food Bank/Daily Bread - Lutheran Disaster Response - New American Services - Gamblers Choice - Freedom from Violence • **Children and Family Services** - Adoption Services - Childcare Resource & Referral - Healthy Families - DIVERT - Attendant Care - Restorative Justice - Tracking - Youth Court • **Residential Treatment** (Luther Hall) - Family Therapy - Individual Therapy - Group Therapy - Behavior Management - Psychiatric and Psychological Assessments - On-site education - Nursing services - Case management - Social skills training	• Aggressive and oppositional behaviors • Alcohol and drug abuse • Anxiety Disorders • Attention problems/ Impulse control • Conduct Disorders • Depression • Eating Disorders • Learning Disorders • Legal offenses • Mood Disorders • Pervasive Developmental Disorder's/ Autism • Psychotic Disorders • Sexual offenses • Sleep Disorders • Safety	• Blue Cross Blue Shield of ND • North Dakota Medical Assistance **Call for more information**

Mental Health America of North Dakota

124 8th Street North
Fargo, ND 58102
Phone: 701-237-5871
Fax: 701-237-0562
www.mhand.org
www.211nd.org

Summary of Services

The mission of Mental Health America of North Dakota (MHAND) is to promote mental health through education, advocacy, understanding, and access to quality care for all individuals. MHAND partners with Federation of Families for Children's Mental Health. Services include:

Education Resource Center

The Education Resource Center has a plethora of information on topics such as bullying and variety of mental health issues. They also have the following two curriculums available to support consumers of mental health services and family members in recovery:

1) *The Journey of Hope*
2) *Building Connections to Support Recovery*

Advocacy and Community Education

MHAND has the "Kids on the Block" puppets available for educating children about mental health and bullying in elementary school settings.

***2-1-1* ND – Connecting People to Services**

2-1-1 ND is a free, confidential and easy to access 3 digit telephone number that enables everyone to connect with the vital community services they need, 24 hours a day, seven days a week. *2-1-1* ND provides crisis management, information and referral services for callers in the area of human service needs. *2-1-1* ND is also available online at www.211nd.org. First Link sub-contracts with *2-1-1* ND to provide the *2-1-1* program for Cass and Clay county residents.

Areas Addressed

MHAND provides education, support groups, information, referrals and grassroots advocacy and organizing for consumers, parents, family members/friends of consumers, community, schools, etc. on a variety of mental health and substance abuse issues. MHAND has a statewide program on suicide prevention.

Additional Information

The "Kids on the Block" puppets helped educate approximately 500 children in Cass and Clay counties on bullying and mental health issues in 2006.

Referrals come from a variety of sources in the community.

Mental Health America of North Dakota distributes a quarterly newsletter.

The web-site provides a variety of information as well as screenings.

Agency	Services	Areas Addressed	Payment Accepted
Mental Health America 124 8th Street North Fargo, ND 58102 **Phone:** 701-237-5871 **Fax:** 701-237-0562 www.mhand.org www.211nd.org **Client Base:** Children, adolescents, adults, families and community **Access:** Call, visit web site or stop in for information **Hours:** Main office, 9:00am – 5:00pm, Monday – Friday	• **Education Resource Center** - Curriculum - Mental health resources - Bullying information • **Advocacy and Community Education** - Kids on the Block (educational puppets) - Training and support • ***2-1-1* North Dakota** (web site and phone number) - Referrals - Information - Education - Crisis management	Mental Health America provides education, information, referrals and advocacy for consumers, parents, family members and friends of consumers, community, schools, etc. on a variety of mental health issues.	There is no fee for services

MeritCare Psychiatric Services

100 4th Street South (Professional Building), 5th Floor
Fargo, ND 58103
Phone: 701-234-4141
Fax: 701-234-4137
www.meritcare.com

Summary of Services

Outpatient Services

- Assessments/Evaluations
- Cognitive Behavioral Therapy
- Family Therapy
- Group Therapy
- Individual Therapy
- Medication Management
- Play Therapy
- Psychiatric Services
- Psychological Testing

Areas addressed

- ADHD
- Anger management
- Anxiety Disorders
- Behavioral issues
- Bipolar Disorders
- Depression
- Destructive behavior
- Developmental Disabilities
- Mood Disorders
- Oppositional/defiant behavior

Additional Information

MeritCare Psychiatric Services served approximately 1500 children ages 0-8 last year.

Majority of referrals are from self, pediatricians, schools, community mental health providers, primary care physicians, residential programs, Cass and Clay County Social Services.

Agency	Services	Areas Addressed	Payment Accepted
MeritCare Psychiatric Services 100 4th Street South Fargo, ND 58103 **Phone:** 701-234-4141 **Fax:** 701-234-4137 www.meritcare.com **Client Base:** Children, adolescents families, adults **Access:** Call for an appointment **Hours:** Monday-Friday, 8am-5pm	• **Outpatient Services** - Assessments and Evaluations - Cognitive Behavioral Therapy - Family Therapy - Group Therapy - Individual Therapy - Medication Management - Play Therapy - Psychiatric Services - Psychological Testing	• ADHD and impulse control • Anger Management • Anxiety Disorders • Behavior issues • Mood Disorders • Depression • Bipolar Disorders • Destructive behavior • Developmental Disabilities • Oppositional and defiant behavior	• Blue Cross Blue Shield of MN and ND • Medica • Medicare • MN and ND Medical Assistance • Self pay **Call for further information regarding providers**

NDSU Family Therapy Center

283 E.M.L Hall
NDSU
Fargo, ND 58105
Phone: 701-231-8534
www.ndsu.nodak.edu/familytherapy/

Summary of Services

Outpatient Services

- Individual Therapy
- Family Therapy
- Play Therapy

Areas Addressed

- Behavioral issues
- Mood issues
- Anxiety
- Depression

Additional Information

NDSU Family Therapy Center (FTC) served approximately 80 children ages 0-8 last year.

NDSU FTC placed four graduate-level students in the community, including one student at each of the following sites: SENDCAA Head Start, Family HealthCare Center, River's Edge, and Minnkota.

95% of the individuals/families served are from the community and are not students at NDSU.

Therapists at the FTC are advanced clinical interns from the NDSU Couples and Family Therapy Program. Therapist interns are supervised by NDSU faculty who are clinical members and approved supervisors of the American Association for Marriage and Family Therapy.

Majority of referrals are from self, physicians, other mental health agencies/ therapists, Cass and Clay County Social Services, attorneys, probation officers, SEHSC, and schools.

Agency	Services	Areas Addressed	Payment Accepted
NDSU Family Therapy Center 283 E.M.L Hall NDSU Fargo, ND 58105 **Phone:** 701-231-8534 www.ndsu.nodak.edu/familytherapy/ **Client Base:** Children, adolescents, families **Access:** call for an appointment **Hours:** Monday-Friday 8am-9pm, Saturdays by appointment	• **Individual Therapy** • **Family Therapy** • **Play Therapy**	• Behavior issues • Mood issues • Depression • Anxiety	• Sliding fee scale • NDSU students free of charge • Tri-college students $5.00 **NDSU Family Therapy Center does not accept insurance**

PATH of MN

715 11th Street N. #306
Moorhead, MN 56560
Phone: 218-291-5858
Or 218-739-3074
After hours on-call: 877-838-9817
www.pathinc.org

Summary of Services

The mission of PATH is empowering children and families to achieve lifelong successes. Services include:

Therapeutic Foster Care

Adoption Services

Respite Care

Independent Living Skills Training

Children's Therapeutic Support Services

Emergency/Shelter Placement

Family Placement

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol and drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Communication Disorders
- Conduct Disorders
- Depression
- Developmental Disabilities
- Eating Disorders
- Learning Disorders
- Mood Disorders
- Pervasive Development Disorders/Autism
- Psychotic Disorders
- Sexual offenses
- Sleep Disorders
- Adoption services

Agency	Services	Areas Addressed	Payment Accepted
PATH of MN 715 11th Street N. Moorhead, MN 56560 **Phone:** 218-291-5858 Or 218-739-3074 After hours on-call 877-838-9817 www.pathinc.org **Client Base:** Children, adolescents and families **Access:** Call for information **Hours:** Main office, 8am – 4:30pm, Monday - Friday	• **Therapeutic Foster Care** • **Adoption Services** • **Respite Care** • **Independent Living Skills Training** • **Children's Therapeutic Support Services** • **Emergency/Shelter Placement** • **Family Placement**	• Aggressive and oppositional behavior • Alcohol/drug abuse • Anxiety Disorders • Attention problems/ Impulse control • Conduct Disorders • Depression • Eating Disorders • Learning Disorders • Mood Disorders • Autism • Pervasive Development Disorder • Psychotic Disorders • Sexual offenses • Sleep Disorders • Adoption	• MN Medical Assistance • County paid reimbursement • Waivers **Call for more information**

PATH of ND

1112 Nodak Dr # 200
Fargo, ND 58103
Phone: 701-280-9545
Toll Free: 800-766-9321
Fax: 701-280-9520
www.pathinc.org

Summary of Services

The mission of PATH is empowering children and families to achieve lifelong successes. Services include:

Treatment Foster Care

Long Term Foster Care

Family Support Program

- Assessment and treatment planning
- Behavior management (parent coaching)
- Group Therapy
- Wraparound

Independent Living Program

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol and drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Depression
- Social Skills
- Eating Disorders
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual offenses
- Sleep Disorders
- Safety
- Physical and sexual abuse issues
- Behavioral issues
- Legal issues
- Attachment issues
- Reunification

- Adoptions

Additional Information
PATH began in ND in 1992.

PATH receives most of their referrals from Cass County Social Services and Division of Juvenile Services, ND. They also receive referrals from SEHSC, Prairie St. Johns and self-referral for their Family Support Program.

Path of ND served 783 total clients in 2006
Treatment Foster Care - 403
Family Support Program - 143
Long Term Foster Care - 35
Foster Care - 23
Independent Living Program - 124

Agency	Services	Areas Addressed	Payment Accepted
PATH of ND 1112 Nodak Drive #200 Fargo, ND 58103 **Phone:** 701-280-9545 **Toll Free:** 800-766-9321 www.pathinc.org **Client Base:** Children, adolescents and families **Access:** Call for information **Hours:** Main office, 8am - 5pm, Monday – Friday, other hours vary	• **Treatment Foster Care** • **Long Term Foster Care** • **Family Support Program** - Assessments - Treatment Planning - Parent Coaching - Group Therapy - Wraparound • **Independent Living Program**	• Aggressive and oppositional behavior • Alcohol/drug abuse • Anxiety Disorders • ADHD • Conduct Disorders • Depression • Social Skills • Eating Disorders • Learning Disorders • Mood Disorders • Autism • Pervasive Development Disorder • Psychotic Disorders • Sexual offenses • Sleep Disorders • Safety • Physical and sexual abuse issues • Behavioral issues • Legal issues • Attachment issues • Reunification • Adoptions	• ND Medical Assistance • Blue Cross Blue Shield of ND • Limited private pay • Department of Human Services **Call for more information**

Prairie St. John's

Fargo Hospital/Clinic
510 4th Street S.
Fargo, ND 58103
Phone: 701-476-7216
Toll Free: 877-333-9565
Fax: 701-476-7261
www.prairie-stjohns.com

Moorhead-Clinic
2925 20th Street S.
Moorhead, MN 56560
Phone: 218-284-0300
Toll Free: 877-333-9565

Summary of Services

Outpatient Services

- Family Therapy
- Individual Therapy
- Medication evaluation and treatment
- Play Therapy
- Psychiatric Diagnostic Assessment
- Psychiatric treatment
- Psychological testing
- Psychological treatment

Partial Hospital Programs

Partial Hospital Programs provide multi-disciplinary treatment through group, individual and family therapy sessions. Patients remain at home while receiving intensive treatment (6-8 hours per day, Monday through Friday).

Inpatient Hospitalization

Inpatient care provides overnight hospitalization for acute mental illness, chemical dependency, and dual diagnosis patients. Patients participate in group therapy sessions while receiving individual and family therapy.

Needs Assessment

Available 24 hours/day, 7 days per week- free of charge. Assessments are conducted by masters-level clinicians and psychiatric nurses.

Areas Addressed

- Alcohol/drug abuse
- Anger Management
- Anxiety Disorders
- Attention/Impulse Control- ADHD
- Conduct Disorders
- Depression
- Developmental Disabilities
- Mood Disorders
- Oppositional/defiant behavior

- Psychotic Disorders

Additional Information
Prairie St. John's served approximately 200 children ages 0-8 last year in outpatient, partial hospitalization and hospitalization programs.

Majority of referrals are from self, social services, schools, MeritCare, Innovis and primary care physicians.

Agency	Services	Areas Addressed	Payment Accepted
Prairie St. John's-Fargo Hospital & Clinic 510 4th Street S. Fargo, ND 58103 Phone: 701-476-7216 Toll Free: 877-333-9565 Fax: 701-476-7261 www.prairie-stjohns.com **Prairie St. John's-Moorhead Clinic** 2925 20th Street S. Moorhead, MN 56560 Phone: 218-284-0300 Toll Free: 877-333-9565 **Client Base:** Children, adolescents, adults and families **Access:** Call for an appointment **Hours:** Monday-Friday 8am-5pm 24 hour care and needs assessment	• **Outpatient services** - Family Therapy - Individual Therapy - Medication evaluation and treatment - Play Therapy - Diagnostic Assessments - Psychological Testing - Group Therapy • **Inpatient Hospitalization** • **Partial Hospitalization** • **Needs Assessment**	• Alcohol/drug abuse • Anger Management • Anxiety Disorders • Attention/Impulse control- ADHD • Conduct Disorders • Depression • Developmental Disabilities • Mood Disorders • Oppositional/defiant behavior • Psychotic Disorders	• Blue Cross Blue Shield of ND and MN • UBH • Medica • Medicare • MN and ND Medical Assistance • Self pay • Sliding fee (Cass and Clay) **Call for further information regarding providers**

Rape and Abuse Crisis Center of Fargo-Moorhead

317 8th Street North
Fargo, ND 58102

Rape and Abuse Crisis Center - South
3000 University Drive South
Fargo, ND 58103

Toll Free: 800-344-7273
Phone: 701-293-7273
Fax: 701-293-9424
www.raccfm.com

Summary of Services

The Rape and Abuse Crisis Center of Fargo-Moorhead is a non-profit agency whose mission is to provide crisis intervention, advocacy and counseling services, free of charge, to all persons who have been victims of domestic violence or sexual abuse, and to provide education and prevention programs to end personal violence in society. Services include:

Outpatient Services

- Individual Therapy
  - Trauma Focused Cognitive Behavioral Therapy
- Family Therapy
- Group Therapy
  - SPARCS – Structured Psychotherapy for Adolescents Responding to Chronic Stress

Outreach Services

- YWCA Shelter
- Jr. High/Sr. High Schools in Cass and Clay Counties
- Public education and advocacy

Areas Addressed

- Aggressive/Oppositional behaviors
- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Depression
- Sexual abuse
- Trauma-based issues

Additional Information

Rape and Abuse Crisis Center served 636 children in 2006, 216 of them were between the ages of 0-8.

Referrals come from a variety of sources in the community, including hospitals, mental health agencies, shelters, schools, self-referral, etc.

All services are free of charge and there are 24 hour crisis line services available.

Agency	Services	Areas Addressed	Payment Accepted
Rape and Abuse Crisis Center of Fargo-Moorhead 317 8th Street North Fargo, ND 58102 **RACC -South** 3000 S. University Dr. Fargo, ND 58103 **Phone:** 701-293-7273 **Toll Free:** 800-344-7273 **Fax:** 701-293-9424 www.raccfm.com **Client Base:** Children, adolescents, adults and families **Access:** Call for information and appointment **Hours:** Main office 8:00am-8:00pm, Mon. and Wed. 8:00am-5:00pm Tues., Thurs., Fri. South Office 8:00am-5:00pm, Mon. – Fri. On-call services 24 hours a day, seven days a week	• **Outpatient Services** - Individual Therapy (Trauma Focused Cognitive Behavioral Therapy) - Family Therapy - Group Therapy (SPARCS – Structured Psychotherapy for Adolescents Responding to Chronic Stress) • **Outreach Services** - YWCA Shelter - Cass/Clay County Jr. and Sr. High Schools - Public education and advocacy	• Aggressive and oppositional behaviors • Anxiety Disorders • Attention problems/Impulse control • Conduct Disorders • Depression • Sexual Abuse • Trauma-based issues	• All services are free of charge

Rural Enrichment and Counseling Headquarters, Inc. (REACH)

421 5th Street
PO Box 237
Hawley, MN 56549
Toll free: 877-977-3224
Phone: 218-483-3145
Fax: 218-483-3149
Email: reach@arvig.net
Website: www.ruralenrichment.org

Summary of Services

REACH is a multi-agency human service center providing individual and family counseling, psychiatric services, referrals, and education and special interest groups for the residents of rural Becker, Clay and Norman Counties. Services include:

Outpatient Services

- Assessments and evaluations
- Behavior Management
- Case management services
- Individual Therapy
- Family Therapy
- Wraparound services

Support Services

- Information and referral
- Advocacy and assistance
- Food pantry
- Informational and support groups
- Computer access
- Parent education
- Lending library

Areas Addressed

- Aggressive and oppositional behaviors
- Anxiety Disorders
- Attention/Impulse control
- Chronic physical illness
- Conduct Disorders
- Depression
- Eating Disorders
- Mood Disorders
- Pervasive Development Disorders/Autism
- Psychotic Disorders
- Sexual offenses

- Divorce/separation issues
- Grieving
- Parenting/Behavior Management

Additional Information

REACH contracts with the following agencies for services: Lakeland Mental Health, Rape and Abuse Crisis Center, Red River Counseling, Solutions, Valley Christian Counseling and Access of the Red River Valley. They also employ one family support worker/case manager. REACH receives referrals from a variety of sources including self-referral.

Agency	Services	Areas Addressed	Payment Accepted
Rural Enrichment And Counseling Headquarters, Inc. (REACH) 421 5th Street PO Box 237 Hawley, MN 56549 **Toll Free:** 1-877-977-3224 **Phone:** 218-483-3145 **Fax:** 218-483-3149 Email: reach@arvig.net www.ruralenrichment.org **Client Base:** Children, adolescents, adults and families **Access:** Call or stop in for an appointment and intake **Hours:** Main office 8:30am-5:00pm, Mon. – Thurs., with some evening hours 8:30am-2:00pm on Friday	• **Outpatient Services** - Assessments and evaluations - Family Therapy - Individual Therapy - Behavior Management - Wraparound services - Case Management • **Support Services** - Information and referral - Advocacy/assistance - Food pantry - Information/support groups - Computer access - Parent education - Lending library	• Aggressive and oppositional behaviors • Anxiety Disorders • Attention/Impulse control • Chronic physical illness • Conduct Disorders • Depression • Eating Disorders • Mood Disorders • Pervasive Development Disorders/Autism • Psychotic Disorders • Sexual offenses • Divorce/separation issues • Grieving • Parenting/Behavior Management	• Blue Cross and Blue Shield of MN • Tricare • Medica • Medical Assistance • Sliding Fee • Uninsured **Call for further information on accepted insurance**

ShareHouse
Sister's Path

4227 9th Avenue South
Fargo, ND 58103
Toll Free: 877-294-6561
Phone: 701-282-6561
Fax: 701-277-0306
www.sharehouse.org

Summary of Services

ShareHouse – Sister's Path is a fully furnished apartment facility offering chemical dependency treatment to homeless, single-parent families. Residents are offered parenting and daily living skills education while they participate in the appropriate levels of chemical dependency treatment. This unique approach provides single addicted parents a sustainable safe and nurturing environment for themselves and their children. Services include:

Residential Services

For single chemically dependent mothers and their children

Family Programs (for children)

- Family Therapy
- Mental health screening and observation
- Group Therapy
- Behavior management
- Parent education
- Medication monitoring (nursing services)
- Individual Therapy

Areas Addressed

- Aggressive/oppositional behaviors
- Anxiety Disorders
- Attention difficulties
- Conduct Disorders
- Depression
- Mood Disorders
- Eating Disorders
- Trauma-based issues
- Attachment and abandonment issues

Many mental health services are referred out depending on the situation and severity.

Additional Information

ShareHouse – Sister's Path has a nurse on-site who does screenings and medication management when needed. Length of stay is a minimum of seven months, but residents can stay longer. They do accept insurance but it is not required to be a resident.

Referrals come from a variety or sources, including self-referral. Sister's Path served 60 children in 2006 with approximately 45 of them between the ages of 0-8.

Agency	Services	Areas Addressed	Payment Accepted
ShareHouse **Sister's Path** 4227 9th Ave South Fargo, ND 58103 **Toll Free:** 877-294-6561 **Phone:** 701-282-6561 **Fax:** 701-277-0306 www.sharehouse.org **Client Base:** Chemically dependent, homeless, single mothers and their children **Access:** Call for information **Hours:** 24 hours	• **Residential Services** • **Family Services** - Observation/screening - Family Therapy - Individual Therapy - Behavior Management - Parent Education - Group Therapy - Medication monitoring (nursing services)	• Aggressive and oppositional behaviors • Anxiety Disorders • Attention difficulties • Conduct Disorders • Depression • Mood Disorders • Eating Disorders • Trauma-based issues • Attachment and abandonment issues	• ND Medical Assistance • Private Insurance **Insurance is not needed for services**

Solutions Behavioral Healthcare Professionals Inc.

1606-C 30th Ave S
Moorhead, MN 56560
Phone: 218-287-4338
Toll Free: 866-455-6417
Fax: 218-287-5928
www.solutionsinpractice.org

Summary of Services

Outpatient Services

- Individual Therapy
- Family Therapy
- Psychological Evaluations
- Behavioral Intervention
- Children's Mental Health (Rule 79) Case Management
- Adolescent Dialectical Behavior Therapy Group (DBT)
- Children's Therapeutic Services and Supports (CTSS)

Residential Services

Residential services for children 8 and under are very limited- Solutions will do short-term residential placement for children with prior failed placements, but typically these services are provided to children aged 9 and older.

Areas Addressed

- ADHD
- Anger Management
- Anxiety Disorders
- Autism (consultation and in-home options)
- Behavioral Management
- Destructive behavior
- Developmental Disabilities
- Mood Disorders
- Oppositional/defiant behavior
- Self-injurious behavior
- Sexually inappropriate behavior
- Violent behavior

Additional Information

Solutions served approximately 300 children ages 0-8 last year.

The majority of referrals are from self, Cass and Clay County Social Services, attorneys, insurance providers.

Agency	Services	Areas Addressed	Payment Accepted
Solutions 1606-C 30th Ave S. Moorhead, MN 56560 **Phone:** 218-287-4338 **Toll Free:** 866-455-6417 **Fax:** 218-287-5928 www.solutionsinpractice.org **Client Base:** Children, adolescents, families, adults **Access:** Call for an appointment **Hours:** Mon. – Fri., 8am – 5pm Evening and Saturday hours by appointment	• **Outpatient Services** - Individual Therapy - Family Therapy - Psychological Evaluations - Behavior services and intervention - Children's Mental Health Case Management(Rule 79) - Dialectical Behavior Therapy Groups - Children's Therapeutic Services and Supports • **Residential Services**	• ADHD • Anger Management • Anxiety • Autism (consultation and in-home options) • Behavioral Management • Destructive behavior • Developmental Disabilities • Mood Disorders • Oppositional/defiant behavior • Self injurious behavior • Sexually inappropriate behavior • Violent behavior	• Blue Cross Blue Shield of MN and ND • Medica • Medicare • MN and ND Medical Assistance • Preferred One • Self pay • Sliding fee scale **Call for further information**

SouthEastern North Dakota Community Action Agency Head Start

3233 South University Drive
Fargo, ND 58104
Phone: 701-235-8931
www.state.nd.us/humanservices/services/childfamily/headstart/

Summary of Services

Head Start forms partnerships with other agencies and organizations to make the most of opportunities and resources for their children and parents. Head Start works to improve the quality of life for many families. Services include:

Family Services

1. Social Emotional Screenings (Ages and Stages)
2. Individual Therapy
3. Play Therapy
4. Family Therapy
5. Group Therapy
6. In-home services
7. Parent support services

Areas Addressed

- Aggressive and oppositional behaviors
- Anxiety
- Attention problems/Impulse control
- Chronic physical illness
- Communication disorders
- Conduct Disorders
- Depression
- Developmental Disabilities
- Eating Disorders, body image issues
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual issues
- Attachment issues

Additional Information

SENDCAA Head Start served 369 children in 2006. NDSU Family Therapy Center provides many of the family services offered. Access of the Red River Valley provides mental health consultation and behavior management services.

Referrals for Head Start come from a variety of community sources, including Public Health, schools, Cass County, WIC, self-referral, etc.

There are income eligibility requirements and they do not accept insurance. Services are free, based on age and eligibility income requirements.

Agency	Services	Areas Addressed	Payment Accepted
SouthEastern ND Community Action Agency (SENDCAA) Head Start 3233 South University Drive Fargo, ND 58104 **Phone:** 701-235-8931 **www.state.nd.us/humanservices/services/childfamily/headstart/** **Client Base:** Young children (0-5) and families **Access:** Call for information and eligibility requirements **Hours:** Main office 8am-5pm, Monday - Friday	• **Family Services** - Social/Emotional Screening - Mental Health Consultation - Family Therapy - Individual Therapy - Behavior Management - Parent Support - In-home services - Group Therapy	• Aggressive and oppositional behaviors • Anxiety • Attention problems/Impulse control • Chronic physical illness • Communication disorders • Conduct Disorders • Depression • Developmental Disabilities • Eating Disorders, body image issues • Learning Disorders • Mood Disorders • Pervasive Developmental Disorders/Autism • Psychotic Disorders • Sexual issues • Attachment issues	All services are free of charge

Southeast Human Service Center

2624 9th Avenue SW
Fargo, ND 58103
Phone: 701-298-4500
Toll Free: 888-342-4900
Fax: 701-298-4450
www.state.nd.us/humanservices

Summary of Services

Outpatient Services

- Addiction Evaluations
- Behavior intervention
- Behavioral assessments
- Case Management
- Family Therapy
- Group Therapy
- Individual Therapy
- Infant Development Services 0-3(contracted)
- Information and referrals
- Intake Evaluation
- Psychiatric Evaluation (in combination with other services from SEHSC)
- Psychological Testing
- SED Care Coordination

Partnerships Program for Children's Mental Health

- Available to children who have a serious emotional disorder
- Designed to coordinate and provide individualized services for eligible children and their families
- Builds parent-professional partnerships to enhance networking and the linkage of services for families and to reduce out-of-home placements. Options include:

  - Case aide and care coordinators
  - Flexible funding
  - Intensive case management services
  - Outreach in the six-county region
  - Parent aides
  - Safe beds

Areas Addressed

- Abuse/neglect of child
- ADHD
- Adjustment Disorders
- Alcohol use
- Anxiety Disorders
- Bipolar Disorders

- Depressive Disorders
- Impulse Control Disorders
- Mood Disorders
- Oppositional/defiant behavior
- Pervasive Developmental Disorders (Autism, Aspergers)

Additional Information

SEHSC Served approximately 300 children ages 0-8 last year.

Majority of referrals are from self, Cass and Clay County Social Services, childcares/preschools, foster care providers, pediatricians/family practitioners, schools, and other mental health providers.

Agency	Services	Areas Addressed	Payment Accepted
Southeast Human Service Center 2624 9th Avenue S. Fargo, ND 58103 **Phone:** 701-298-4500 **Toll Free:** 888-342-4900 **Fax:** 701-298-4450 www.state.nd.us/humanservices **Client Base:** Children, adolescents adults and families **Access:** Call for an appointment or walk-in **Hours:** Mon.-Fri., 8am-5pm, limited evenings by appointment • After business hours, clients may call First Link at (701) 235-3620	• **Outpatient Services** - Addiction Evaluation - Behavior intervention - Behavior assessments - Case Management - Family Therapy - Group Therapy - Individual Therapy - Infant Development Services - Information and Referral - Intake Evaluation - Psychiatric Evaluation (medication management) - Psychological testing - Severe Emotional Disturbance Care Coordination • **Partnership Program for Children's Mental Health**	• Abuse/neglect of child • ADHD • Adjustment Disorders • Alcohol use • Anxiety Disorders • Bipolar Disorders • Depressive Disorders • Impulse Control Disorders • Mood Disorders • Oppositional and defiant behavior • Pervasive Developmental Disorders (Autism, Aspergers)	• Blue Cross Blue Shield of MN and ND • Medicare • ND Medical Assistance • Self pay • Sliding fee scale • Uninsured • Most commercial insurance **Call for more information**

Valley Christian Counseling Center

509 25th Avenue North
Fargo, ND 58102
Phone: 701-232-6224
www.valleychristiancounselingcenter.com

Summary of Services

Valley Christian Counseling Center is a non-denominational ministry to supplement the work of Christian churches in Fargo/Moorhead and surrounding communities. The goal is to help each person served become whole and achieve his or her emotional and spiritual potential.

Outpatient Services

- Family Therapy
- Behavioral Management
- Individual Therapy
- Play Therapy
- Medication Management

Areas Addressed

- Aggressive/oppositional behaviors
- Anxiety Disorders
- Attention problems/Impulse control
- Conduct Disorders
- Eating Disorders
- Learning Disorders
- Mood Disorders
- Pervasive Developmental Disorders/Autism
- Psychotic Disorders
- Sexual behaviors
- Divorce/separation

Additional Information

Valley Christian Counseling contracts with ten professionals for counseling services. Four of them provide services for children.

The majority of referrals come from churches and self-referral.

Agency	Services	Areas Addressed	Payment Accepted
Valley Christian Counseling 509 25th Avenue N. Fargo, ND 58102 **Phone:** 701-232-6224 www.valleychristiancounselingcenter.com **Client Base:** Children, adolescents, adults and families **Access:** Call for an appointment **Hours:** 8am-5pm Mon. – Thurs., evening hours available Tuesday and Wednesday	• **Out-patient Services** - Family Therapy - Behavior Management - Individual Therapy - Play Therapy - Medication Management	• Aggressive and oppositional behaviors • Anxiety Disorders • Attention problems/Impulse control • Conduct Disorders • Eating Disorders • Learning Disorders • Mood Disorders • Pervasive Developmental Disorders/Autism • Psychotic Disorders • Sexual behaviors • Divorce/separation	• Private Insurance • Medical Assistance • Scholarships available **Insurance accepted varies by provider, call for more information**

The Village Family Service Center

1201 25th Street South
Fargo, ND 58103

1401 8th Street South
Moorhead, MN 56560

Toll Free: 1-800-627-8220
Phone: 701-451-4900
www.thevillagefamily.org

Summary of Services

The mission of The Village Family Service Center is to improve the quality of life through services designed to strengthen individuals, families and organizations. Services include:

Assessments and Screenings

- Adolescent Sexual Assessment
- Diagnostic Assessments
- Intelligence screenings
- Behavioral Assessments
- Measured Mental Status Exam

Family Based and Mental Health Services

- Attachment and Development Program
- Children at Risk
- Common Sense Parenting and Parenting with Love & Logic
- Step-parenting Program
- Social Skills for Success
- Training in DSM-IV and Diagnostic Assessments
- Training in sex offender and sexual abuse issues
- Training in adoption issues
- Behavior planning
- EMDR Therapy
- In-home Family Therapy
- Individual Therapy
- Family Counseling
- Couple Counseling
- Group Therapy
- Trauma Therapy

Community Based Programs

- Adoption Services
- Big Brother Big Sister Program
- Pregnancy Counseling
- Truancy Intervention

- School-based mental health/refugee program
- Family Preservation Services
- Family Group Decision Making

Areas Addressed

- Anxiety Disorders
- Depression
- ADHD
- Oppositional/aggressive behaviors
- Social Skills
- Sexual issues
- Anger issues
- Divorce and separation
- Parent/child conflict
- Family discord
- Marital discord
- Work-related issues
- Truancy
- Academic issues
- Abuse/trauma issues
- Communication
- Grief/loss
- Self-esteem issues
- Attachment issues

Additional Information

The Village Family Service Center served 196 children, ages 0-8, in 2006.

Referral's come from a variety of sources, including social services, courts, schools, businesses, agencies and self-referral.

Agency	Services	Areas Addressed	Payment Accepted
The Village Family Service Center 1201 25th Street South Fargo, ND 58103 1401 8th Street South Moorhead, MN 56560 **Toll Free:** 1-800-627-8220 **Phone:** 701-451-4900 www.thevillagefamily.org **Client Base:** Children, adolescents, adults and families **Access:** Call for information and appointment **Hours:** 8am to 5pm Mon.– Fri., with evening hours available Mon., Tues. and Thurs.	• **Assessments and Screenings** - Sexual Assessments - Diagnostic Assessments - Intelligence screenings - Behavioral Assessments - Measured mental status exam • **Family and Mental Health Services** - Attachment Program - Family Therapy - Individual Therapy - Behavior Management - Parent Education - Social Skills - DSM IV Training - Step parenting Program - EMDR Therapy - Group Therapy • **Community Based Programs** - Adoption services - Big Brother/Big Sister - Pregnancy counseling - Truancy Intervention - School based mental health program for refugees - Family Group Decision Making - Family preservation services	• Anxiety Disorders • Depression • ADHD • Oppositional and aggressive behaviors • Social Skills • Sexual issues • Anger issues • Divorce and separation • Parent/child conflict • Family discord • Marital discord • Work-related issues • Truancy • Academic issues • Abuse/trauma issues • Communication • Grief/loss • Self-esteem issues • Attachment issues	• Self pay • EAP's • Contracts • Private Insurance • ND and MN Medical Assistance • Sliding Fee **Call for further information on insurance**

Youthworks

317 South University Drive
Fargo, ND 58103
Phone: (701) 232-8558

Summary of Services

Youthworks provides a comprehensive range of support services for youth and their families to meet goals for strong, healthy relationships. Service include:

Outpatient Services

- Assessments and Evaluations
- Behavior Management (through family therapy)
- Case management services
- Individual Therapy
- Family Therapy
- Group Therapy
- Diversion (juvenile court system)
- Decisive Driving
- Independent Living Program
- AmeriCorps Cross-Age Mentoring Program
- Detour Program (parent/youth group) including
  - Anger Management
  - Love and Logic for parents
  - Keys to Innervisions

Transitional Housing Program

- Independent Living Skills

Outreach

- Street outreach for homeless youth
- Romkey Park Youth Group

School Services

- Out of school suspension program

Areas Addressed

- Aggressive/oppositional behaviors
- Alcohol and drug abuse
- Anxiety Disorders
- Attention problems/Impulse control
- Anger management
- Conduct Disorders
- Depression
- Developmental Disabilities
- Mood Disorders
- Pervasive Developmental Disorders/Autism

- Sexual offenses
- Homelessness
- Self-esteem issues
- Respect

Additional Information

Youthworks is an alternative to the formal human services system, providing services on a voluntary basis regardless of ability to pay or other eligibility requirements.

Referrals come through a variety of sources, including juvenile court in Cass County, Clay and Cass County Social Services, schools, shelters, health care providers and various human services agencies in the area.

The majority of services provided by Youthworks are for youth ages 12-21.

Agency	Services	Areas Addressed	Payment Accepted
Youthworks 317 South University Drive Fargo, ND 58103 **Phone:**701-232-8558 **Client Base:** Adolescents ages 12-21 and families **Access:** Call for information **Hours:** Main office, 9-5, Monday – Friday, Other hours vary	• **Outpatient Services** - Case management - Assessments and evaluations - Family Therapy - Individual Therapy - Behavior Management - Parent Support - Diversion - Group Therapy - Mentoring - Independent Living - Detour Program • **Transitional Living Program** - Independent Living Skills • **Outreach** - Street outreach for homeless youth - Romkey Park Group • **School Services** - Out of school suspension program	• Aggressive and oppositional behaviors • Alcohol and drug abuse • Anxiety Disorders • Attention problems/Impulse control • Anger management • Conduct Disorders • Depression • Developmental Disabilities • Mood Disorders • Pervasive Developmental Disorders/Autism • Sexual offenses • Homelessness • Self-esteem issues • Respect	None